

Category	Item	Used Per Week	Unit	Used Per Year	Unit	Par Min @50%	Unit	Used For
Baking	Chocolate Chips	0.25	pound	13	pound	6.5	pound	Baking
Baking	Baking Powder	0.5	oz	26	oz	13	oz	Baking
Baking	Baking Soda	0.5	pounds	26	pounds	13	pounds	Baking, Home Care, Personal Care
Baking	Yeast	0.5	oz	26	oz	13	oz	Baking
Beverages	Coconut Milk	0.5	can	26	can	13	can	Baking, Cooking, Drinking
Condiments	Sriracha	0.04	bottles	2.08	bottles	1.04	bottles	Yumminess
Condiments	Green Tabasco	0.04	bottles	2.08	bottles	1.04	bottles	Yumminess
Condiments	Mustard, Dijon	0.125	jars	6.5	jars	3.25	jars	Yumminess
Condiments	Ketchups, Assorted	0.25	half-pints	13	half-pints	6.5	half-pints	Yumminess
Condiments	Salsa, Assorted	0.5	pints	26	pints	13	pints	Yumminess
Condiments	Jam, Assorted	1	half-pints	52	half-pints	26	half-pints	Yumminess
Condiments	Pickles, Assorted	1.5	quarts	78	quarts	39	quarts	Yumminess
Fats	Coconut Oil	8	oz	416	oz	208	oz	Baking, Cooking, Personal Care
Fats	Olive Oil	0.25	quarts	13	quarts	6.5	quarts	Baking, Cooking, Personal Care
Fats	Lard	0.25	pounds	13	pounds	6.5	pounds	Baking, Cooking, Personal Care
Fats	Butter	0.5	pound	26	pound	13	pound	Baking, Cooking
Flours	Cornmeal	0.25	pounds	13	pounds	6.5	pounds	Baking, Cooking
Flours	Pasta, Assorted	0.5	pounds	26	pounds	13	pounds	Cooking
Flours	AP Flour	2	pounds	104	pounds	52	pounds	Baking, Cooking
Flours	Whole Wheat	2	pounds	104	pounds	52	pounds	Baking, Cooking
Grains	Whole Wheat Berries	0.25	pounds	13	pounds	6.5	pounds	Baking, Cooking
Grains	Sticky Rice (White)	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Grains	Basmati Rice (White)	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Grains	Brown Rice	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Grains	Rolled Oats	1	pounds	52	pounds	26	pounds	Baking, Cooking, Breakfasts
Legumes	Lentils, Asstd.	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Legumes	Black Beans (dry weight)	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Legumes	Pinto Beans (dry weight)	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Legumes	Garbanzo Beans (dry weight)	0.5	pounds	26	pounds	13	pounds	Cooking, Dinners
Meats	Canned Pork	0.5	pint jar	26	pint jar	13	pint jar	Cooking, Dinners
Meats	Canned Tuna	0.5	8-oz. can	26	8-oz. can	13	8-oz. can	Cooking, Dinners
Misc	Pink Salt for curing meats			1	pound	0.5	pounds	Food Preservation
Nuts	Nut Butters	4	oz	208	oz	104	oz	Baking, Cooking, Snacking, Dinners
Salt	Kosher Salt	0.5	pounds	26	pounds	13	pounds	Baking, Cooking, Food Preservation
Sugars	Maple Syrup	0.25	cups	13	cups	6.5	cups	Baking, Cooking, Breakfasts
Sugars	Honey	0.125	pounds	6.5	pounds	3.25	pounds	Baking, Cooking, Breakfasts
Sugars	Organic Cane Sugar	1	pounds	52	pounds	26	pounds	Baking, Cooking, Food Preservation
Vinegars	Apple Cider Vinegar (Raw)	0.25	cups	13	cups	6.5	cups	Baking, Cooking, Food Preservation, Personal Care
Vinegars	White	0.25	gallons	13	gallons	6.5	gallons	Cooking, Home Care, Food Preservation